

# The Importance of Story to Cultural Safety

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Aboriginal Cultural Safety Educator  
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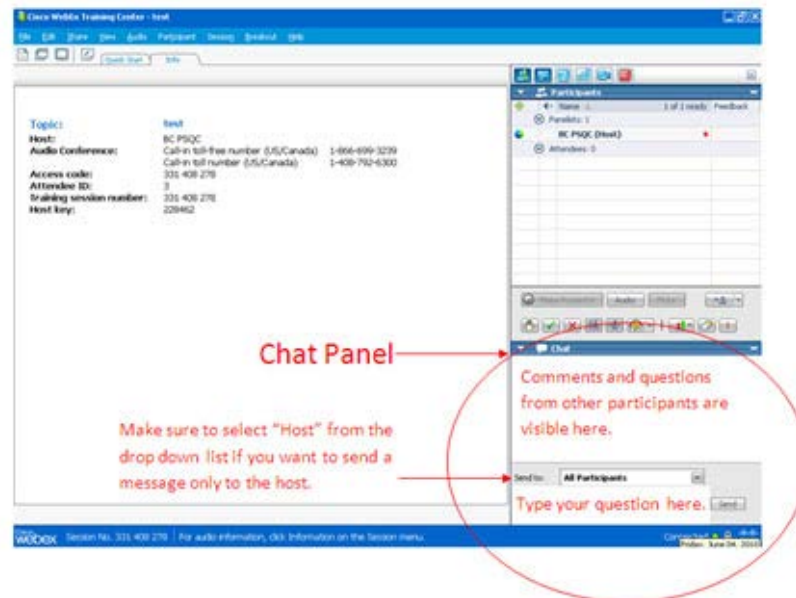
First Nations Health Authority  
Health through wellness



BC PATIENT SAFETY  
& QUALITY COUNCIL  
Working Together. Accelerating Improvement.

# WebEx: Chat Overview

- We invite you to introduce yourself in the chat panel.
- Let us know your name and where you are from!



# Session Recorded

- This session is being recorded.
- If you choose to remain anonymous, please type ANON before your question and it will be read out as such.
- The presentation and the recording will be sent out after the webinar



# Twitter

- Hashtags:
  - #itstartswithme
  - #culturalhumility
- Twitter handles
  - @Interior\_Health



# Sensitive Subject Matter

- Due to the sensitive subject matter and stories shared during the webinar sessions participants may become triggered. Please ensure you have prepared a support system for yourself in advance in which you may have easy access to. This could mean an Elder, trusted mentor/family/friend, Counsellor and/or crisis contact number.
- If you need support please do not hesitate to call the toll free crisis line here in the province of BC (1-800-588-8717). Or if you prefer, have a number prepared in advance locally.



# Opening Prayer



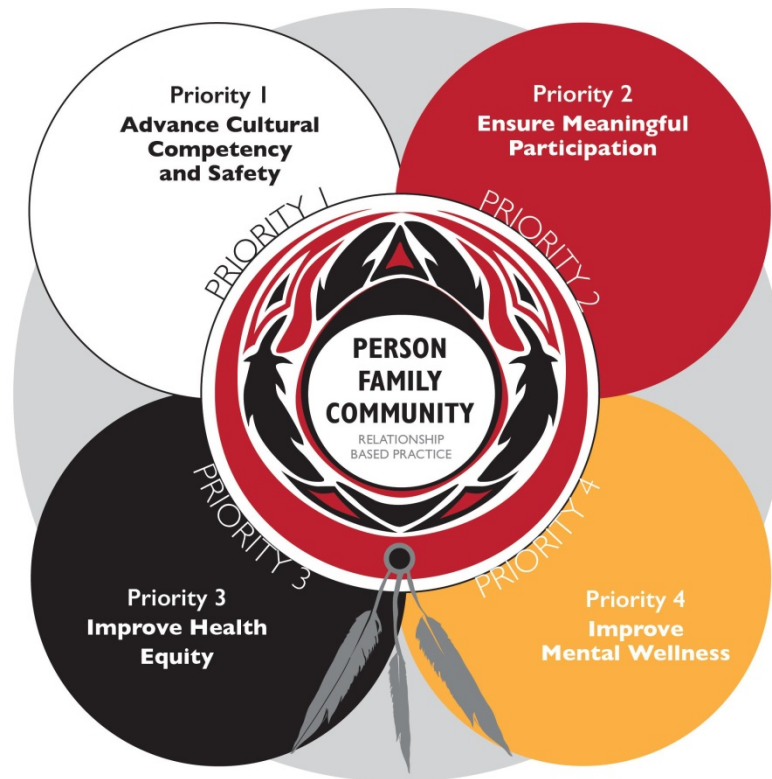
# THE IMPORTANCE OF STORY TO CULTURAL SAFETY

Vanessa Mitchell – Aboriginal Cultural Safety Educator  
Bradley Anderson – Corporate Director, Aboriginal Health



**Interior Health**  
*Every person matters*

# Aboriginal Health & Wellness Strategy

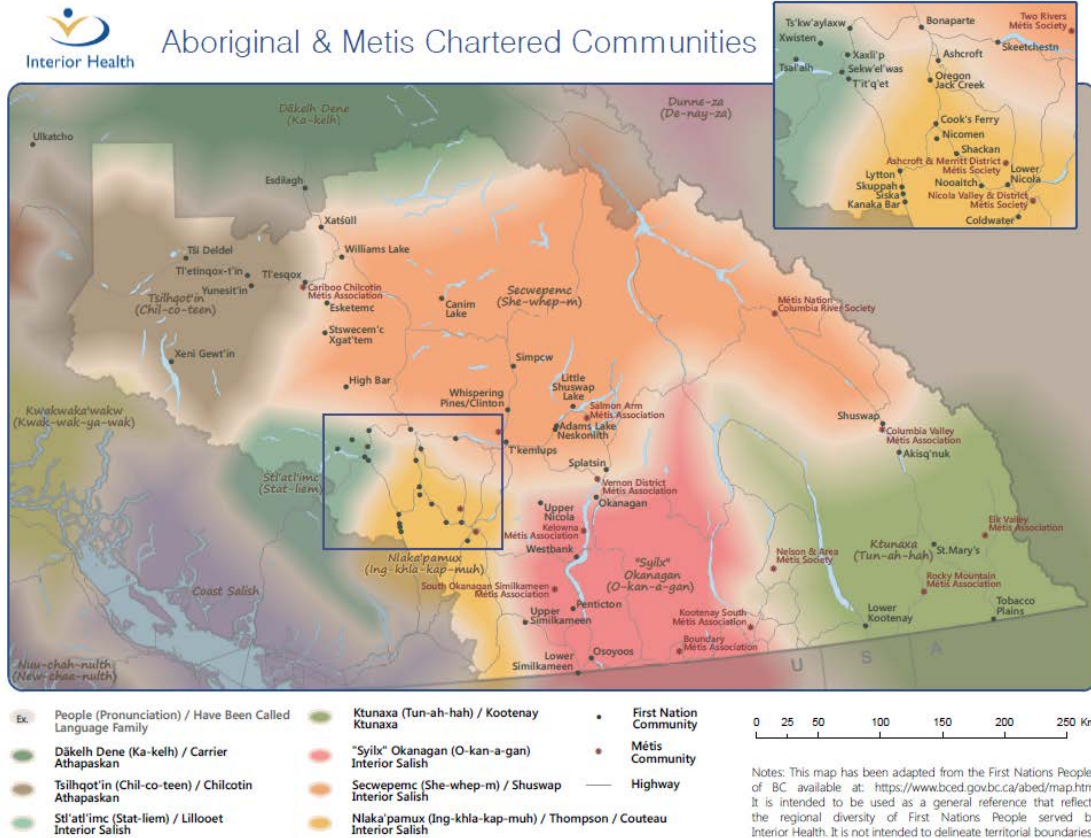


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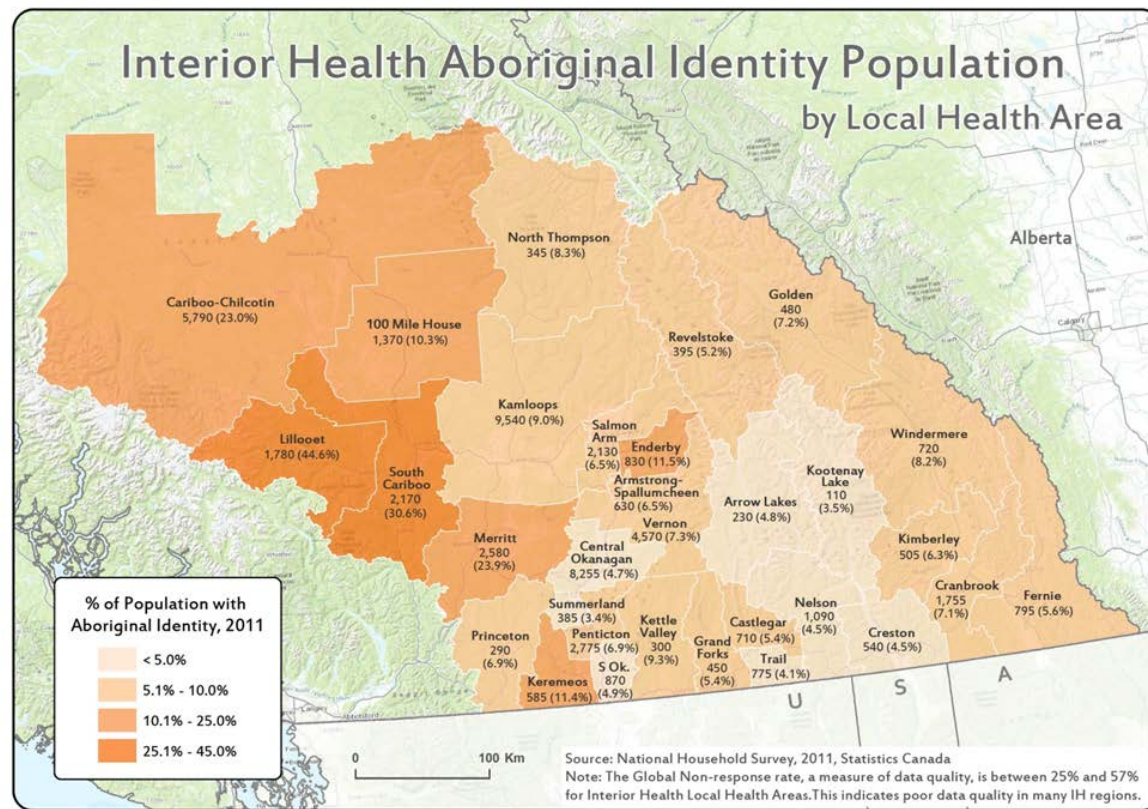
*Every person matters*



# British Columbia, Interior



# Aboriginal Landscape



# Interior Health's Journey



Culturally inappropriate care  
within IH

\* Breaches

# Leadership Support Integral

- \* Senior Executive Team
- \* Partnership Accord Leadership Team
- \* IH Board
- \* VP Population Health



# Creation of Position

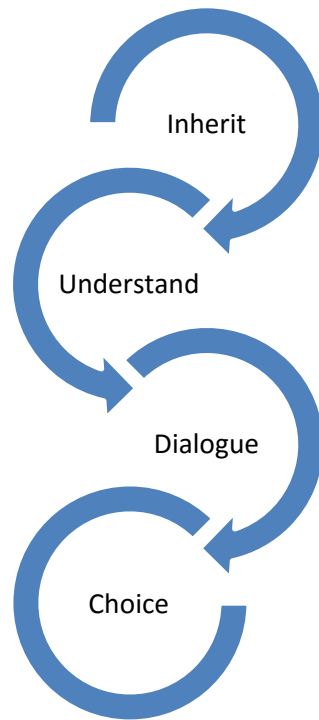
- \* Leadership approves position
- \* 1.0 FTE position posted
- \* Aboriginal Cultural Safety Educator – August 2015



# Education Plan

- \* Development of cultural safety education
- \* Pre-launch focus groups
- \* Soft launch/Launch
- \* Target:
  - \* Priority Areas
  - \* Priority Geography
- \* Education sessions – 1 day and 1/2 day or less

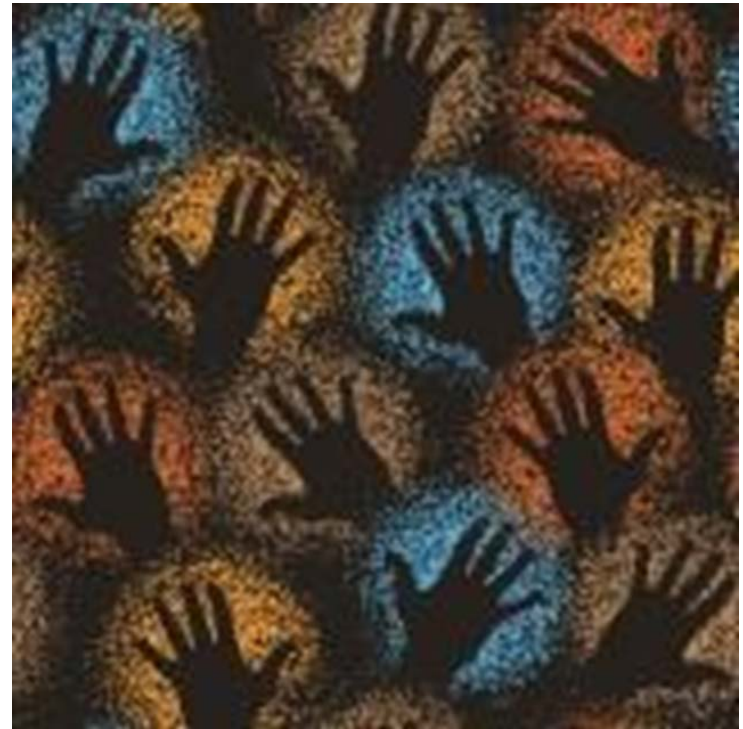
# Cultural Safety Education



1. Review and acknowledge the history
2. Connect the dots to present day
3. Solution oriented dialogue
4. Action

# Cultural Safety: A people's story

- \* 1 day/7 hours
- \* In person
- \* 24 people per session max
- \* Circle format





# Responsibility



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*Every person matters*

# Cultural Safety

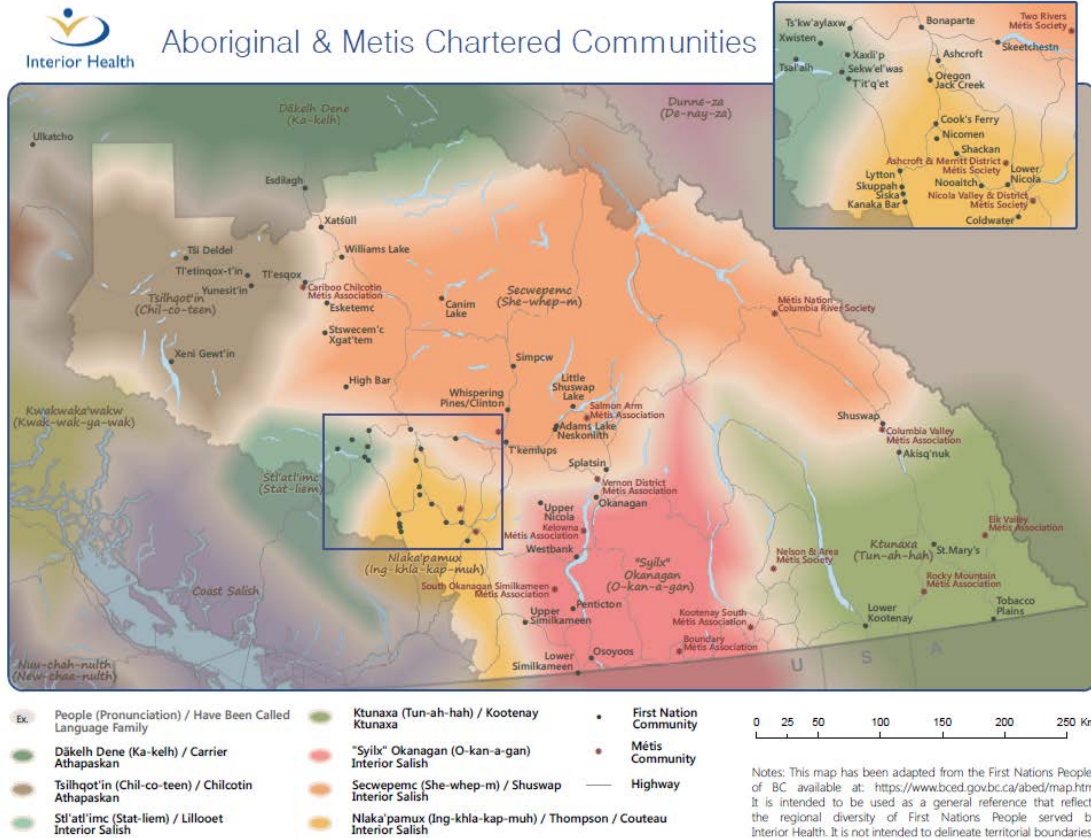
## New Zealand



## Canada



# British Columbia, Interior



# Aboriginal Landscape

7 Nations - 54 communities	Urban – 7 Friendship Centres	Metis –15 Chartered Communities
<p>Tsilhqot'in                      Secwepemc                      Nlaka'pamux                      Ktunaxa                      Northern St'at'imc                      Syilx                      Dekelh Dene</p>	<p>First Nation Friendship Centre                      Ki-Low-Na Friendship Society                      Ookanakane Friendship Society                      Lillooet Friendship Centre                      Cariboo Friendship Society                      Kamloops Aboriginal Friendship Society                      Conayt Friendship Society</p>	<p>South Okanagan Similkameen Metis Association                      Kelowna Metis Association                      Vernon &amp; District Metis Association                      Boundary Community Metis Association                      Kootenay South Metis Association                      Nelson &amp; Area Metis Society                      Rocky Mountain Metis Association                      Elk Valley Metis Association                      Columbia Valley Métis Association                      Métis Nation Columbia River Society                      Two Rivers Metis Association                      Salmon Arm Metis Association                      Ashcroft &amp; District Metis Society                      Nicola Valley &amp; District Métis Society                      Cariboo-Chilcotin Metis Association</p>

# Review & Acknowledge History



Education

- Residential School



Social

- Sixties Scoop



Health

- Indian Hospitals



Justice

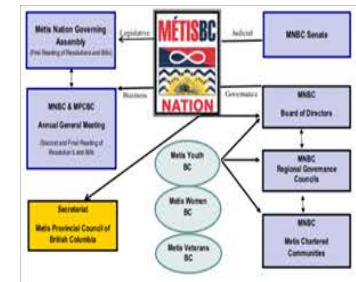
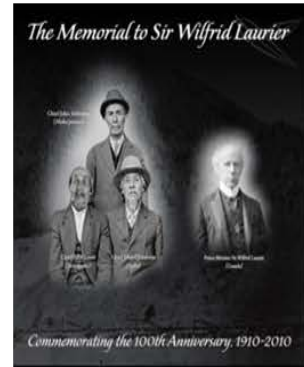
- Constitution of Canada
- Indian Act

# Cultural Safety

*“Cultural safety refers to what is felt or experienced by a patient when a health care provider communicates with the patient in a respectful, inclusive way, empowers the patients in decision-making and builds a health care relationship where the patient and provider work together as a team to ensure maximum effectiveness of care. Culturally safe encounters require that health care providers treat patients with the understanding that not all individuals in a group act the same way or have the same beliefs”*

~ National Aboriginal Health Organization (2008)

# The Important of Story to Cultural Safety



# Calls to Action

1. How will you get to know the story specific to your place?
2. What does investing in cultural safety look like in your organization to make impactful change?



# Lim Limpt

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# Questions/Discussion





Webinar: Noon – 1:00

**JANUARY 4<sup>TH</sup>, 2017**



# Intergenerational Trauma and Institutional Avoidance

- Dr. Evan Adams and Dr. Nadine Caron
- Reconciliation is an essential dimension of improving healthcare quality; only, too often reconciliation is viewed as focusing on the injustices of the past. In this webinar, hear from Dr. Evan Adams and Dr. Nadine Caron about how reconciliation is an everyday act that physicians can undertake to ensure greater cultural safety for Indigenous clients. We'll review communication styles and everyday practical tips that physicians can take today to make the healthcare experience safer.



# Survey

